## Programme Schedule @ HOME Centre (YTM) 活動時間表：油尖旺中心

| PROGRAMME NAME 活動名稱 | DATE 日期 | TIME 時間 | VENUE 地點 | RESPONSIBLE STAFF 負責職員 |
|---|---|---|---|---|
| **LANGUAGE CLASSES AND COURSES** | | | | |
| Daily Life Chatting in Cantonese | 7 Jul - 29 Sep 2026 (Every Tue) | 10:00am - 12:00pm | HOME Centre (YTM) | Ms. Geeta |
| Daily Life Chatting in Cantonese | 8 Jul - 30 Sep 2026 (Every Wed) | 10:00am - 12:00pm | HOME Centre (YTM) | Ms. Geeta |
| Daily Life Chatting in Cantonese | 2 Jul - 24 Sep 2026 (Every Thu) | 10:00am - 12:00pm | HOME Centre (YTM) | Ms. Geeta |
| Daily Life Chatting in Cantonese | 5 Jul - 27 Sep 2026 (Every Sun) | 11:00am - 1:00pm | HOME Centre (YTM) | Ms. Geeta |
| Daily Life Chatting in Cantonese | 5 Jul - 27 Sep 2026 (Every Sun) | 2:00pm - 4:00pm | HOME Centre (YTM) | Mr. Hamid |
| Daily Life Chatting in Cantonese | 4 Jul - 26 Sep 2026 (Every Sat) | 5:00pm - 7:00pm | HOME Centre (YTM) | Mr Hamid |
| Daily Life Chatting in English | 8 Jul - 30 Sep 2026 (Every Wed) | 1:00pm - 3:00pm | HOME Centre (YTM) | Ms. Geeta |
| Daily Life Chatting in English | 2 Jul - 24 Sep 2026 (Every Thu) | 1:00pm - 3:00pm | HOME Centre (YTM) | Ms. Geeta |
| **ORIENTATION AND FAMILIARIZATION PROGRAMMES** | | | | |
| Induction Programme : Employment in Hong Kong | 15, 22 Jul 2026 (Wed) | 12:30pm - 4:30pm | HOME Centre (YTM) | Mr. Zeshan |
| Induction Programme : Transportation System in Hong Kong | 18 Jul 2026 (Sat) | 6:00pm - 9:00pm | Tsim Sha Tsui Star Ferry | Mr. Zeshan |
| Induction Programme : Skating for youths | 15, 30 Aug 2026 (Sun) | 3:00pm - 6:00pm | Dragon Centre, [illegible] | Mr. Zeshan |
| Induction Programme : Visit to Space Museum | 31 Jul 2026 (Fri) | 5:00pm - 7:00pm | Tsim Sha Tsui | Mr. Zeshan |
| Induction Programme : Picnic Day for New Arrivals | 29 Aug 2026 (Sat) | 10:00am - 5:00pm | Tai Mei Tuk | Mr. Zeshan |
| Induction Programme : Cycling Adventure | 19 Jul 2026 (Sun) | 10:00am - 5:00pm | Tai Po | Mr. Zeshan |
| Induction Programme : War Game adventure | 22 Aug 2026 (Sat) | 6:00pm - 9:00pm | Cheung Sha Wan War Zone | Mr. Zeshan |
| Healthy Meals | 23, 30 Jun; 7, 14 Jul 2026 (Tue) | 9:30am - 11:30am | HOME Centre (YTM) | Ms Sara |
| Summer Sewers | 18, 25 Jun; 2, 9 Jul 2026 (Thu) | 9:30am - 11:30am | HOME Centre (YTM) | Ms Sara |
| Ladies Nepali Cultural Dance | 9, 16, 23, 30 Jul 2026 (Thu) | 7:00pm - 9:00pm | HOME Centre (YTM) | Ms Sara |
| HOME Culture Tour | 1 Aug 2026 (Sat) | 1:00pm - 6:00pm | Offsite | Ms Sara |
| Food for Thought | 6, 13, 20, 27 Aug (Thu) | 7:00pm - 9:00pm | HOME Centre (YTM) | Ms Sara |
| **INTEGRATION PROGRAMMES** | | | | |
| After School Tutorial Class P1-P3 (A) | 1 Sep - 30 Sep 2026 (Tue - Fri) | 4:00pm - 5:30pm | HOME Centre (YTM) | Mr. Zeshan |
| After School Tutorial Class P1-P3 (B) | 1 Sep - 30 Sep 2026 (Tue - Fri) | 5:30pm - 7:00pm | HOME Centre (YTM) | Mr. Zeshan |
| After School Tutorial Class P4-P6 (A) | 1 Sep - 30 Sep 2026 (Tue - Fri) | 5:00pm - 6:30pm | Kwai Chung Vocational | Mr. Zeshan |
| After School Tutorial Class P4-P6 (B) | 1 Sep - 30 Sep 2026 (Tue - Fri) | 6:30pm - 8:00pm | Kwai Chung Vocational | Mr. Zeshan |
| Employment Training Course : Barista Training Workshop | 5 Jul - 9 Aug 2026 (Every Sun) | 2:00pm - 4:30pm | YMCA, Tsim Sha Tsui | Mr. Zeshan |
| Ethnic Minority Job Fair | 8 Aug 2026 (Sat) | 12:00pm - 5:00pm | YTM Multicultural Activity Centre | Mr. Zeshan |
| CV Writing workshop and interview skills training | 12 Aug 2026 (Wed) | 10:00am - 12:30pm | HOME Centre (YTM) | Mr. Zeshan |
| Self-Care Workshop : DIY Handcream | 8 Jul 2026 (Fri) | 10:00am - 11:30am | HOME Centre (YTM) | Ms Sara |
| Family Picnic : Jordan Valley Park | 25 Jul 2026 (Sat) | 10:00am - 5:00pm | Jordan Valley Park | Ms Sara |
| Paper Weave : Nepali Art | 10 Aug 2026 (Tue) | 10:00am - 11:30am | HOME Centre (YTM) | Ms Sara |
| Kids Painting Fun (Beginner) | 17, 24, 31 Jul 2026 (Fri) | 1:30pm - 3:30pm | HOME Centre (YTM) | Ms Sara |
| Parent-child : Summer Artists | 5, 12, 19, 26 Aug 2026 (Wed) | 1:30pm - 3:30pm | HOME Centre (YTM) | Ms Sara |
| Holiday Chefs : Kids Edition | 7, 14, 21, 28 Aug 2026 (Fri) | 1:30pm - 3:30pm | HOME Centre (YTM) | Ms Sara |
| Henna Techniques | 3 Sep 2026 (Wed) | 10:00am - 11:30am | HOME Centre (YTM) | Ms Sara |
| AI Mylar : Learn to Protect Our Children | 6 Jul 2026 (Wed) | 10:00am - 11:00am | HOME Centre (YTM) | Ms Sara |
| IT Class : Living With AI - How Artificial Intelligence is Changing Everyday Life | 5, 12, 19, 26 Jul 2026 (Sun) | 4:00pm - 6:00pm | HOME Centre (YTM) | Ms. Marta |
| Cross-cultural Programme : Indian Dance for Kids (Advanced) | 24 Jul - 4 Sep 2026 (Every Fri) | 6:00pm - 8:00pm | HOME Centre (YTM) | Ms. Marta |
| Cross-cultural Programme : Ladies Bollywood Dance Class (Advanced) | 26 Jun - 4 Sep 2026 (Every Fri) | 9:00am - 11:00am | HOME Centre (YTM) | Ms. Marta |
| Mental Health Training Workshop for Parent-child | 21 Jul 2026 (Tue) | 12:30pm - 2:30pm | HOME Centre (YTM) | Ms. Marta |
| STEM Day for parent-child | 4, 11, 18, 25 Jul 2026 (Sat) | 2:00pm - 4:00pm | HOME Centre (YTM) | Ms. Marta |
| Culturally Enhanced Activities : Sewing Sessions | 7 Jul 2026 (Tue) | 12:30pm - 2:30pm | HOME Centre (YTM) | Ms. Marta |
| Sri Lankan Workshop : Colour Sand Rangoli Workshop | 26 Jun 2026 (Fri) | 1:00pm - 3:00pm | HOME Centre (YTM) | Ms. Marta |
| Children Chinese Programme : Learn Chinese through stories | 19 Jul - 16 Aug 2026 (Every Sun) | 1:00pm - 3:00pm | HOME Centre (YTM) | Ms. Marta |
| Build Gear workshop for Primary Students | 26 Jul 2026 (Sun) | 4:30pm - 6:30pm | HOME Centre (YTM) | Ms. Marta |
| **DEDICATED PROGRAMME FOR ETHNIC MINORITY YOUTHS** | | | | |
| Brownies Group | 4, 18 Jul; 1, 15, 29 Aug; 5 Sep 2026 (Sat) | 10:00am - 12:00pm | HOME Centre (YTM) | Ms. Marta |
| Career Training in Flight Attendant | 14, 16, 21, 23 Jul 2026 (Tue & Thu) | 2:30pm - 4:30pm | HOME Centre (YTM) | Miss Narmeen, Zainab |
| Dive to the [illegible] | 19 Jul 2026 (Sun) | 9:00am - 6:00pm | Shing Mun Reservoir | Miss Narmeen |
| Teen Girls Adventure | 2 Aug 2026 (Sun) | 9:00am - 6:00pm | Sai Kung | Miss Narmeen |
| Youth Internship Programme | Jul - Aug 2026 | 9:00am - 6:00pm | TBC | Miss Narmeen |
| Youth Boxing Class | 15 Jun - 10 Jul 2026 (Every Sat) | 12:00pm - 1:30pm | Tsim Sha Tsui | Miss Narmeen, Mr Ali |
| Interactive Chinese Class for Youths | 13 Jun - 6 Sep 2026 (Every Sat) | 1:00pm - 2:30pm | HOME CENTRE (YTM) | Mr. Ali |
| Scuba Training | 14 Jun - 6 Sep 2026 (Every Sun) | 2:00pm - 4:00pm | HOME CENTRE (YTM) | Mr. Ali |
| ATV Adventure | 4 Jul 2026 (Sat) | 10:00am - 3:00pm | Shek O Country Park | Mr. Ali |
| Boys' Night | 11 Jul 2026 (Sat) | 7:00pm - 11:00pm | Kam Tin | Mr. Ali |
| Junk Boat Challenge Day | 25 Jul 2026 (Sat) | 10:00am - 6:00pm | Sai Kung Harbour | Mr. Ali |
| **YOUTH NETWORK PROGRAMMES** | | | | |
| Youth China Tour Pre Workshop | 14, 21 Jul 2026 (Tue) | 6:00pm - 8:00pm | HOME Centre (YTM) | Miss Narmeen, Zainab, Mr Ali |
| Youth China Tour | 28 Jul 2026 (Tue) | 9:00am - 7:00pm | Zhuhai | Miss Narmeen, Zainab, Mr Ali |
| Youth China Tour Post Workshop | 31 Jul 2026 (Fri) | 7:00pm - 9:00pm | HOME Centre (YTM) | Miss Narmeen, Zainab, Mr Ali |
| Let's Build a Better Community | 4 Aug 2026 (Tue) | 2:00pm - 4:00pm | HOME Centre (YTM) | Miss Narmeen |
| Know more about Volunteering in Hong Kong | 18 Aug 2026 (Tue) | 2:00pm - 4:00pm | HOME Centre (YTM) | Miss Narmeen |
| **WOMEN'S NETWORK PROGRAMMES** | | | | |
| Sewing Skills for Beginner | 14 Jul - 11 Aug 2026 (Every Tue) | 10:00am - 11:30am | HOME Centre (YTM) | Ms. Anna |
| Stress Relief Workshop : Art Time | 15 Jul 2026 (Wed) | 10:00am - 11:30am | HOME Centre (YTM) | Ms. Sara |
| Mindfulness : Singing Bowl | 20 Jul 2026 (Thu) | 7:30pm - 8:30pm | HOME Centre (YTM) | Ms. Sara |
| Aromatherapy : DIY Scented Candles | 13 Aug 2026 (Thu) | 7:30pm - 8:30pm | HOME Centre (YTM) | Ms. Sara |

## Programme Schedule @ HOME Centre (SSP) 活動時間表：深水埗分中心

| PROGRAMME NAME 活動名稱 | DATE 日期 | TIME 時間 | VENUE 地點 | RESPONSIBLE STAFF 負責職員 |
|---|---|---|---|---|
| **LANGUAGE CLASSES AND COURSES** | | | | |
| Daily Life Chatting in Cantonese | 2 Jul - 24 Sep 2026 (Every Thu) | 2:00pm - 4:00pm | HOME Centre (SSP) | Miss Bism & Miss Sumera |
| Daily Life Chatting in Cantonese | 3 Jul - 25 Sep 2026 (Every Fri) | 4:00pm - 5:00pm | Wan Chai | Miss Lulu |
| Daily Life Chatting in Cantonese | 4 Jul - 26 Sep 2026 (Every Sat) | 10:00am - 12:00pm | HOME Centre (SSP) | Miss Blaire & Miss Sumera |
| Daily Life Chatting in Cantonese | 7 Jul - 29 Sep 2026 (Every Tue) | 10:00am - 12:00pm | HOME Centre (SSP) | Miss Rumeesha |
| **INTEGRATION PROGRAMMES** | | | | |
| Theme Park Visit | 19 Aug 2026 (Wed) | 9:00am - 6:00pm | Sunny Bay | Miss Mavis & Miss Sumera |
| Programming ICT | 1, 8, 15, 22 Aug 2026 (Sat) | 4:00pm - 6:00pm | HOME Centre(SSP) | Miss Mavis & Mr Umar |
| STEM class | 1, 8, 15, 22 Aug 2026 (Sat) | 3:00pm - 4:00pm | HOME Centre(SSP) | Miss Mavis & Mr Umar |
| Country Park Inclusion Tour | 9 Aug 2026 (Sun) | 1:00pm - 6:00pm | Offsite | Mr Ahsan & Mr Umar |
| HOME Volunteer Outreach | 16 Aug 2026 (Sun) | 3:00pm - 6:00pm | Offsite | Mr Ahsan & Mr Umar |
| HOME Volunteer Outreach | 27 Aug 2026 (Sat) | 3:00pm - 6:00pm | Offsite | Mr Ahsan & Mr Umar |
| Parent Child Fun Learning group | 16, 23, 30 Jul 2026 (Thu) | 2:30pm - 4:00pm | HOME Centre(SSP) | Miss Vivian & Miss Kamal |
| Parent Child Active Workshop | 6, 13, 20, 27 Aug 2026 (Thu) | 2:30pm - 4:00pm | HOME Centre(SSP) | Miss Vivian & Miss Kamal |
| Chinese for Kids 2 | 7, 14, 21, 28 Jun; 5 Jul 2026 (Sun) | 10:00am - 12:30pm | HOME Centre(SSP) | Miss Anna |
| Ethnic Minority Job Fair | 8 Aug 2026 (Sat) | 12:00pm - 5:00pm | YTM Multicultural Activity Centre | Mr Hamad |
| Parent Child Sport Fun | 28 Jul; 4, 11, 18 Aug 2026 (Tue) | 2:30pm - 4:00pm | HOME Centre(SSP) / Offsite | Miss Anna |
| Employment training workshop on Baking | 24 Aug 2026 (Mon) | 2:00pm - 4:00pm | Yau Ma Tei | Miss Blaire |
| After School Tutorial Class P1-P3 | 1 Sep - 30 Sep 2026 | 5:30pm - 7:00pm | HOME Centre(SSP) | Miss Lulu |
| After School Tutorial Class P4-P6 | 1 Sep - 30 Sep 2026 | 6:30pm - 8:00pm | HOME Centre(SSP) | Miss Lulu |
| After School Tutorial Class S1-S3 | 1 Sep - 30 Sep 2026 | 2:30pm - 5:00pm | HOME Centre(SSP) | Miss Lulu |
| **DEDICATED PROGRAMME FOR ETHNIC MINORITY YOUTHS** | | | | |
| Certificate Programme | 2, 3, 4 Jul 2026 | 9:00am - 5:30pm | Tseung Kwan O | Miss Cherry |
| Maths Class | 6, 13, 20, 27 Jul 2026 (Mon) | 8:00pm - 9:00pm | HOME Centre(SSP) | Miss Blaire |
| Youth Internship Programmes | 14, 16, 21, 23 Jul 2026 (Tue & Thu) | 2:00pm - 4:30pm | HOME Centre YTM | Miss Cherry |
| Youth Exploration Tour | 5 Jul 2026 (Sun) | 10:30am - 5:30pm | Kowloon | Miss Cherry |
| Youth Exploration Tour | 2 Aug 2026 (Sun) | 10:30am - 5:30pm | Kowloon | Miss Cherry |
| Youth Cricket Training | 18 Jun - 25 Jul 2026 (Every Sat) | 7:00pm - 9:00pm | Tin Shui Wai | Miss Anna |
| Football Training Group | 13 Jun - 29 Aug 2026 (Every Sat) | 7:00pm - 9:00pm | Kowloon District | Miss Blaire |
| Youth Career training on hairstyling | 3, 7, 10, 17 Aug 2026 (Mon & Fri) | 12:00pm - 3:00pm | Causeway Bay | Miss Blaire |
| Summer Maths Class | 3, 10, 17, 24, 31 Aug 2026 (Mon) | 2:00pm - 5:00pm | HOME Centre(SSP) | Miss Blaire |
| Yoga Class for youths | 3, 10, 17, 24 Aug 2026 (Mon) | 11:30am - 1:00pm | Lai Chi Kok | Miss Blaire |
| Youth Drawing Class | 14 Jun - 30 Aug 2026 (Every Sun) | 12:00nn - 1:00pm | HOME Centre(SSP) | Miss Blaire |
| Chinese Class | 14 Jun - 30 Aug 2026 (Every Sun) | 1:00pm - 2:00pm | HOME Centre(SSP) | Miss Blaire |
| **ORIENTATION AND FAMILIARIZATION PROGRAMMES** | | | | |
| Table Tennis Fun Group | 6, 13 Aug 2026 (Thu) | 4:00pm - 6:00pm | Offsite | Miss Vivian & Miss Rumeesha |
| Chinese medicine talk | 10 Jul 2026 (Fri) | 10:00am - 12:00nn | HOME Centre SSP | Miss Mavis & Miss Sumera |
| Education system in HK | 14, 21 Jul 2026 (Tue) | 2:00pm - 4:00pm | Offsite | Mr Ahsan & Mr Umar |
| Future Pathways | 11 Aug 2026 (Tue) | 2:00pm - 4:00pm | Offsite | Mr Ahsan & Mr Furqan |
| **YOUTH NETWORK PROGRAMMES** | | | | |
| Youth China Tour Pre workshop | 14, 21 Jul 2026 (Tue) | 6:00pm - 8:00pm | HOME Centre SSP | Miss Cherry |
| Leadership training day | 20 Jul 2026 (Mon) | 11:00am - 6:00pm | Offsite | Miss Blaire |
| China Tour | 28 Jul 2026 (Tue) | 8:00am - 7:00pm | China | Miss Cherry |
| A Better Me | 10, 24 Jul 2026 (Fri) | 2:00pm - 4:00pm | Offsite | Miss Cherry |
| Better Me | 28 Aug 2026 (Fri) | 2:00pm - 5:00pm | Offsite | Miss Blaire |
| **WOMEN'S NETWORK PROGRAMMES** | | | | |
| Find your Personal dimension | 6 Jul 2026 (Mon) | 10:00 - 12:00nn | HOME Centre(SSP) | Miss Vivian & Ms Sumera |
| Mindfulness | 7 Sep 2026 (Mon) | 10:00am - 12:00nn | HOME Centre(SSP)/ Offsite | Miss Vivian & Ms Sumera |
| **EM CARE TEAM** | | | | |
| Policy Talk | 8 Aug 2026 (Sat) | 2:00pm - 4:00pm | Offsite | Mr Ahsan & Mr Furqan |

## About Us 關於中心

The Home Affairs Department commissioned New Home Association to establish the HOME Support Service Centre for Ethnic Minorities in Yau Tsim Mong and a sub-centre in Sham Shui Po.

With its missions to promote racial harmony and facilitate the integration of ethnic minorities into Hong Kong community, HOME Centre provides a wide range of services, which include Language Classes; Tutorial Classes; Computer Classes; Family Outings; Interest Classes; Employment Support Service; Volunteer Service; Youth and School Projects; Integration Programmes; Social Harmony Programmes; Counseling Service; Emergency Fund and Scholarship.

民政事務總署委託新家園協會在油尖旺區成立HOME少數族裔人士支援服務中心及在深水埗成立分中心，為少數族裔人士提供一系列的支援服務，以促進種族和諧及協助他們儘早融入香港社區。這些服務包括中英語文課程、功課輔導班、電腦班、參觀活動、興趣班、就業支援服務、義工服務、青少年和學校項目、共融活動、社會和諧活動、諮詢和輔導服務、緊急援助基金和獎學金。

Homey, originated from the word "Home", means pleasant, domestic and warm. We hope that through this newsletter, which provides news and information about our Centre's activities and community resources to our ethnic minority friends, will make them feel like home while living in Hong Kong.

HOMEY是源自HOME(家)的字詞，意指滿足，家園和溫暖。我們希望透過報導中心和社區有關少數族裔的資訊，讓少數族裔朋友們感受社區和香港帶來「家」的溫暖。

## Join Us 加入我們

HOME Centre Membership is free of charge. By becoming a member, you'll gain access to services and benefits from both HOME Centre and New Home Association. Please contact our staff for details.

申請成為HOME中心會員是免費的。成為會員後，您將可享用由HOME中心及新家園協會提供的各項服務和福利。詳情請向中心職員查詢。

We are actively recruiting volunteers from different cultural backgrounds including local and ethnic groups. If you are willing to spend your time and enthusiastic about serving the community, please join us!

我們現正積極招募不同文化背景包括本地和少數族裔的義工。只要您願意奉獻您的時間服務社會，請即報名成為本會義工。

## Contact Us 聯絡我們

### HOME Centre (YTM)（油尖旺中心）

Shop B, G/F and 1/F, Sun Wah Building, 73 Battery Street, Yau Ma Tei, Kowloon
九龍油麻地炮台街
73號順華大廈地下B舖及1樓

3610 4418 | 3590 4642

Tuesdays - Sundays (9am - 9pm)
星期二至日 (早上九時至晚上九時)
** Mondays & Public Holidays Closed
** 星期一及公眾假期休息

### HOME Sub-centre (SSP)（深水埗分中心）

Shop A & B, G/F, South Ocean Building, 130 Kiu Kiang Street, Sham Shui Po, Kowloon
九龍深水埗九江街
130號南洋大廈地下A及B舖

3610 4428 | 3590 4643

Thursdays - Tuesdays (9am - 9pm)
星期四至二 (早上九時至晚上九時)
** Wednesdays & Public Holidays Closed
** 星期三及公眾假期休息

YTM: homeytm@nhahome.hk / homeytm@nha.org.hk
SSP: homessp@nhahome.hk / homessp@nha.org.hk
www.nhahome.hk
NHAHOMECentre | Like

# HOMEY 家

There's no place like home
Newsletter Vol. 55 ( Jun - Sep 2026 )

Vol. 55
HOME CENTRE

新家園協會 NEW HOME ASSOCIATION | HOME Centre Support Services for Ethnic Minorities | Sponsored by Home Affairs Department | 政府資助計劃 Government-funded programme

You are cordially invited to register for our coming activities through our website (www.nhahome.hk).
Please also follow us on Facebook (www.facebook.com/NHAHOMECentre).
我們誠邀你透過中心的網站 (www.nhahome.hk) 登記參加即將推出的活動。
若要留意我們的最新消息，亦可前往我們的Facebook 專頁 (www.facebook.com/NHAHOMECentre)。

## INTEGRATION PROGRAMMES AND SERVICES

### Parent-child learning Programmes Parenting Education & Creating Together Time

In May 2026, HOME Centre (YTM) held the "Parenting Education & Creating Together Time" programme, which supported children's development by strengthening the relationship between caregivers and learners. A key rationale of the programme is parenting education, which equips parents with knowledge about child development, effective communication and positive discipline. Children may benefit from consistent routines, responsive interactions, and a nurturing home environment when parents learn practical strategies. Creating together time is equally important, as shared activities build language, social skills and emotional security. Through reading, storytelling, playing and simple projects, parents and children develop mutual trust and confidence while learning from each another. These programmes also encourage engagement, reduce stress and promote lifelong learning habits.

### 親子學習活動 育兒教育與創造親子時光

在2026年5月，HOME中心(油尖旺)舉辦了親子教育工作坊，透過加強照顧者與學習者之間的關係，以促進兒童發展。其工作坊核心理念是親子教育，幫助父母了解兒童成長、有效溝通和積極管教。當父母學習到這些實用的育兒策略後，孩子能從規律的作息、正向的互動和充滿關懷的家庭環境中受益。優質的親子共處的時間同樣至關重要，因為共同參與的活動能夠培養孩子的語言能力、社交技能和情緒安全感。透過閱讀、講故事、遊戲和簡單的項目，父母和孩子在互相學習的過程中建立互信和自信。這些項目還能鼓勵家庭參與、紓解壓力，並培養終身學習的習慣。

### Family Outing Visiting a Food Factory & Beach Clean-up

On 16 May 2026, HOME Centre (YTM) cooperated with a local food factory, Wing Fat Food Production Limited in Fo Tan, to organise a family visit tour. This educational visit provided families an opportunity in food production that encouraged curiosity, safety awareness and appreciation for quality standards. It also equipped parents with practical knowledge to teach their children about hygiene, responsibility and applicable life skills at home.

Following the factory visit, we conducted a beach clean-up as a form of community service. This activity promoted environmental responsibility and teamwork. As families worked together to remove litter, children learned the importance of civic participation and caring for the community, while adults built stronger bonds through cooperation and positive communication.

### 家庭戶外活動 參觀食品工場及清潔沙灘

2026年5月16日，HOME中心(油尖旺)與位於火炭的食品廠-永發食品公司合作舉辦一項親子參觀活動，藉着這次難得的機會，參加者可以親身了解到食品的生產過程，亦有助激發孩子們的好奇心、培養安全意識，並尊重食物品質標準，這項活動也協助家長教導孩子養成良好的衛生習慣、責任感以及在家應用的生活的技能。

隨後，我們組織了海灘清潔和社區義工服務，旨在促進環保責任感和團隊合作。在全家合力清理垃圾的過程中，孩子們體會到公民參與和關懷社區的重要，而成人則透過積極溝通和合作，進一步加深了彼此之間的聯繫與情誼。

# Integration Programmes and Services

## HOME Volunteer Training Mental Health Awareness Training Workshop for Volunteers

HOME Centre (YTM) held a Mental Health Awareness Training Workshop for volunteers in May 2026. We were delighted to invite Ms. Helen Mok (Child Psychological Counseling and Family Education Consultant) and Mr. Dion Lam (Senior Registered Psychological Counselor) to share their expertise with us.

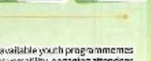
This workshop helped volunteers understand common mental health conditions, recognise early warning signs, empowering them to respond with empathy, respect and effective communication. As frontline support providers, our volunteers are frequently the first to notice signs of distress, serving as the initial point of connection for individuals who may feel isolated or overwhelmed.

Many volunteers appreciated the workshop's calm, respectful atmosphere and the clear explanations, which helped them approach mental health topics confidently. In addition, volunteers noted that the workshop significantly improved their confidence in active listening and offering empathetic responses.

## HOME義工培訓 精神健康意識工作坊

2026年5月，HOME中心(油尖旺)為義工舉辦了精神健康意識工作坊，協助義工認識常見精神心理障礙，學習同理心、尊重和有效的溝通技巧，以更好地為有需要的人士提供支援。Helen女士及Dion先生與參加者分享實用資訊，並工作坊旨在幫助義工了解常見的精神健康問題，精神疾病的徵狀及成因，令義工更能在前線提供支援，若能及早發現受助者在情緒上需要協助，或可在社區支援立刻接觸不期待考慮早介入。

許多義工讚賞工作坊平靜及尊重的氛圍。工作坊有助他們在傾聽時更具同理心，亦對處理敏感話題更有信心和專業的關心。

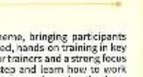


## HOME Outreach Team Outreach at Wan Chai Mosque -Youth Ambassador Outreach

On 10 April 2026, the Youth Ambassador Outreach Team conducted Outreach at Wan Chai Mosque. The event aimed to promote the diversity of available youth programmemes and foster authentic connections with community members through casual, conversational outreach. Our team members demonstrated excellent versatility, engaging attendees in organic discussions that highlighted programmemes tailored to various youth interests and needs. The welcoming, environment of the mosque, combined with strong coordination with mosque leadership, facilitated a receptive atmosphere and encouraged active participation.

## HOME外展隊 青年外展大使 - 湧仔灣真寺外展活動

2026年4月10日，HOME中心(油尖旺)青年大使外展隊於灣仔清真寺舉行「外展活動」，旨在與當地穆斯林、對話式的互動，來社區人士能與多元化的青年建立，並建立真誠的關係。本中心隊員運用出色的溝通技巧，與參加者進行自然交流，介紹現有不同青年服務及歡迎的活動內容。清真寺友好的環境，加上具有方向導師的良好協助，營造了一個親切和諧，積極關懷的氛圍。



## Employment Training Courses Barista Training Programmeme

Over the past two months, HOME Centre (YTM) successfully completed the Barista Training Programmeme, bringing participants together to build practical café skills and confidence. During the programmeme, participants received guided, hands on training in key barista basics, including espresso preparation, milk steaming techniques and latte art. With support from our trainers and a strong focus on real-world practice, participants had the opportunity to improve their coffee-making skills step by step and learn how to work effectively in a café-style environment. We are proud of everyone who participated for their commitment, teamwork, and enthusiasm throughout the training period.

## 就業培訓課程 咖啡師培訓班

在過去的兩個月裡，HOME中心(油尖旺)舉辦了咖啡師培訓班，一眾有參與是咖啡師夢的學員齊聚一堂，學習練習和重要的實用技能及培養信心。在培訓過程中，參加者感受了跨專業教學的樂趣，包括製作基礎咖啡、奶泡技術及拉花技巧，在導師的教導下，加上課堂實際練習環境，參加者一步步遇到了手沖咖啡的精髓，即時獲得對將在職場中有效地工作，我們為所有學員看在過程期間積極的態度，團隊合作與精神感到自豪。



# Orientation and Familiarization Programmes

## HOME Support Group Baking Class for Local Style

The HOME Centre (SSP) has held a series of baking classes for our ladies who love baking and cooking. The classes have taught the ladies how to bake local-style breads and pastries, like pineapple buns and egg tarts. The ladies thoroughly enjoyed sharing their love for baking and spending fun time together. It is incredibly important for them to have some "me time" and connect with one another, allowing them to take a well-deserved break from their family duties to support their mental wellness.

## HOME支援小組 本地風味烘焙班

HOME中心(深水埗)為婆婆媽媽們舉辦了一系列烘焙課程，經程教導她們製作一些本地風味的麵包，美味菠蘿包和蛋撻。女士們在導師上堂期間烘焙烹飪，並一起度過了愉快的時光，特別是當她們在團隊合作時享受樂趣。若是可以證明放下家庭責任，好好支持她的身心健康，

## Neighbourhood Gathering Gajra Workshop

In March, HOME Centre (YTM) successfully conducted a Gajra Workshop. The workshop brought together 15 ladies from the various ethnic minority communities to learn and create a beautiful South Asian accessory. The term "gajra" refers to fresh floral garlands traditionally made by interlacing fragrant flowers—such as roses—often worn as a hair accessory or a bracelet for girls and women.

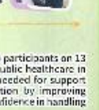
During the workshop, the participants were guided step by step to make their own gajra using plastic flowers. This approach ensured that the creations could be reused multiple times, making the activity both practical and long-lasting. As most of the participants were creating a gajra for the first time, there was a lot of enthusiasm and excitement in the air. With encouragement and hands-on guidance, everyone eagerly took part, quickly moving from learning the technique to successfully weaving their own designs.

Overall, the workshop strengthened community connections through cultural sharing. As the participants helped one another step by step, shared tips, and complimented each others, the programmeme concluded in warm and uplifting spirit.

## 鄰里聚會活動 手工花環工作坊

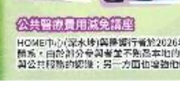
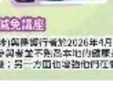
HOME中心(深水埗)在3月完成了「Gajra手工花環工作坊」，活動共有15位來自不同少數族裔社女士參加，共同學習這個傳統南亞裝飾品，「Gajra」是指將香氣濃郁的鮮花(如玫瑰)編織而成的傳統花環，通常作為女孩及婦女的髮飾或手環配戴。

工作坊期間，每位參與者皆跟下學習如何運用塑膠花做一步步編織自己的 Gajra。這種學習方法確保作品重複使用，也使活動兼具實用性與持久性。大部分參加者都是第一次製作 Gajra，現場充滿熱情與興奮感。在鼓勵和親身指導下，大家積極投入，很快便從學習編織技巧進展到成功製作自己的作品。



## Orientation Talks Briefing on Waiver of Medical Charges

HOME Centre (SSP) and Health in Action held a briefing on the Waiver of Medical Charges for over 20 participants on 13 April 2026. The programme was covered to help participants understand an important aspect of public healthcare in Hong Kong. Some participants were unfamiliar with the local health system, the documentation needed for support schemes, and the application steps involved. This talk therefore served as a practical orientation by improving participants' awareness of community resources and public services, while also strengthening their confidence in handling everyday life in Hong Kong.

## 公共醫療費用減免講座

HOME中心(深水埗)與樂善行會於2026年4月13日參加逾20位參與者舉辦了一場關於「醫療費用減免(適用於符合資格人士)」的講座，此活動旨在協助參與者了解普通公共醫療服務，自然對於今與香港不熟悉本地的健康系統，申請計劃所需文件及程序，以及相關新申請步驟，因此這場講座成為一個具實用性的導向安排：一方面提升參與者對社區資源及公共服務的認識；另一方面也增強他們在香港生活的信心。

## Neighbourhood Gathering Together in Harmony

On 15 May 2026, HOME Centre (SSP) collaborated with Metro Broadcast to hold a radio programme gathering titled "Together in Harmony" which engaged over 10 participants. Designed specifically for the Pakistani community in Hong Kong. The programme focused on fostering community connections and navigating the adjustments of everyday life through the medium of radio. The platform provided participants with a valuable opportunity to share their real-life challenges and experiences—such as learning Chinese, seeking employment, and building a social life. Ultimately, the programme aimed to help these participants, along with other ethnic minority groups in Hong Kong, achieve better integration and a stronger sense of belonging in the city.

## 鄰里聚會活動 同心和鎮

HOME中心(深水埗)昨日舉辦10位參與者於5月15日舉辦電台「電台廣播合唱團」，活動旨在促進社區連結，並透過電台節目幫助參與者適應日常生活的調整。此平台為參與者提供寶貴機會，讓他們分享真實生活挑戰，例如學習中文、尋找工作以及建立社交生活。最終，此活動旨在為這些少數族裔人士及香港其他少數族裔社群，實現更好的融合和更強的歸屬感。



## Festival Day Nepali New Year Celebration

On 26 April 2026, HOME Centre (YTM) successfully organised Nepali New Year Celebration programme. One fun fact about Nepal, according to their Nepali calendar, they are currently observing the Year 2083. They are actually living in the future!

This event with many exciting games designed for both young kids and adults, was very successful. A highlight of the day was an entertaining Nepal trivia quiz, which sparked enthusiasm and encouraged participants to show their knowledge about Nepal's culture, landmarks and heritage. We also had a lovely solo Nepali dance performance by a young girl. In addition, we provided Nepali refreshments, adding to the warm and welcoming experience for everyone.

## 新日慶祝活動 尼泊爾新年慶祝活動

2026年4月26日，HOME中心(YTM)成功舉辦了「尼泊爾新年慶祝活動」。有趣的尼泊爾小知識：根據尼泊爾曆法，他們現在正處於 2083 年！參加者積極參與這項充滿樂趣的活動，其中一大亮點是尼泊爾知識問答比賽，現場氣氛熱烈，鼓勵參加者展示他們對尼泊爾文化、地標及傳統的了解。此外，我們還有一位小女孩帶來的精彩尼泊爾舞蹈表演，現場也準備了尼泊爾特色茶點，為每位參加者增添了溫馨與友好的氛圍。

# Dedicated Programmes for Ethnic Minority Youths

## Physical Training – Trendy Sports Training Grove with Pilates

HOME Centre (YTM) successfully conducted six Pilates sessions for girls from April to May. Many of our ethnic minority youth seek female-friendly fitness classes, as they often feel discomfort in mixed-gender environments or concerns regarding appropriate attire. In response, we introduced sessions that promote relaxation, body awareness and menstrual relief. These Pilates sessions helped enhancing spinal alignment and reduces back pain, strengthening core muscles to provide stability and physical support, boosting flexibility and range of motion, which helps reduce joint strain. These sessions were specifically designed to address the unique needs of our female participants while enhancing their overall well-being.

## 青少年新興運動班 青年普拉提班

HOME中心(油尖旺)於四月至五月期間，為少數族裔少女舉辦了六節普拉提課程，旨在協助以改善體態、建立肯定的形象，減輕壓力，並幫助她們與一群同齡女孩建立聯繫。許多少數族裔少女參加傳統的團隊運動，例如籃球或足球，但她們可能並不喜歡這些活動，因為她們可能感到不自在，或對穿著感到擔憂。為了解決這些問題，我們提供了一個安全、包容的環境，讓她們能夠在沒有壓力的情況下鍛鍊身體，並與其他人建立聯繫。

## Physical Training – Trendy Sports Training Let's play Padel

Over the past two months, HOME Centre (YTM) successfully completed "Let's Play Padel", a youth-focused programme that introduced participants to the exciting sport of padel. Through regular coaching and structured practice sessions, young participants learned the basic rules, proper techniques and key skills needed to play effectively—while also building teamwork, communication, and confidence on and off the court. With a fun and supportive atmosphere, the programme encourages youth to stay active, try something new, and develop a positive interest in community sports.

## 青少年新興運動班 板式網球體驗班

參加者看見，HOME中心(油尖旺)舉辦了「Let's Play Padel體驗班」，旨在幫助青少年接觸「板式網球」這項新興且充滿樂趣的運動。這項課程教練指導男女參與者的基礎技巧與規則，學員不僅掌握了比賽規則，還建立了團隊合作精神、提升溝通能力與自信心。在充滿興趣與相互支持的氛圍中，該計劃成功鼓勵青少年保持活力，並培養社區運動方面的正面興趣。

## Youth Career and Life Plan – Career Training Career Training in Beauty Industry

The HOME Centre (YTM) successfully conducted a career training workshop in the beauty industry this past May. This programme was organised in collaboration with Sana's Beauty, a beauty business established by a Pakistani entrepreneur. The shop owner served as an inspiring role model for the youth, encouraging them to embrace self-empowerment and believe in their ability to pursue their dreams.

The workshop consisted of four sessions focusing on essential skills in facial treatments and waxing. Participants were encouraged to practice on one another, which provided them with valuable hands-on experience.

## 青年生涯規劃與職業導向活動 了解美容行業

HOME中心(YTM)於今年五月舉辦了一場「職業參觀與導師課」工作坊，此計劃與「Sana's Beauty」合作舉辦，該機構是由一位巴基斯坦女士創立的，店主以身為榜樣，鼓勵青年使用自我賦權，並鼓勵她們追隨夢想。

活動共有四節，重點關於面部護理與蠟毛相關的技術。活動賦予參與者寶貴的實踐經驗。

## Life Planning Workshop Vision to Victory

On 14 March 2026, 15 youths from HOME Centre (YTM) participated in the "Vision to Victory" Life Planning Workshop, a dedicated programme for ethnic minority youths. The workshop combined hands-on activities such as a tower-building exercise and SMART worksheets to equip participants with practical goal-setting skills. The session flowed naturally from team-based building to individual reflection, with the final sharing circle being especially supportive.

## 生涯規劃工作坊 由團隊邁向成功

今年3月中，15名少數族裔青年參與了由HOME中心(油尖旺)舉行的「Vision to Victory」人生規劃工作坊，內容包含了「建塔」練習及SMART表格工作表等活動，協助參與者掌握實用的目標設定技巧。活動由從團隊建設到個人反思，最後以分享環節收到良好且相互持的氣氛。

# Value-Added Programmes

## KOL Training Programmes Successful YouTuber Workshop

The HOME Centre (SSP) held a KOL (Key Opinion Leader) Workshop which taught types of YouTube channels are best suited for long-term growth. The programme analysed various content categories—such as educational, lifestyle, philanthropy/wellness, and community-focused—while examining audience demographics, content scheduling, and channel strategies. The course also covered practical filming and production techniques, including common video issues (vlogs, interviews, unboxing), tutorials, and photo-item storytelling. Camera techniques, framing concepts, and editing methods ranging from basic to advanced (focusing on pacing, subtitle and thumbnail design, sound effects, transitions, and more) are considered.

Additionally, the workshop positively addressed the perspectives and characteristics of youth from ethnic minority backgrounds. These participants often possess multicultural experiences that allow them to transform their language, family stories, and everyday culture differences into content that resonates deeply with audiences. At the same time, we addressed the importance of online safety (the risks of being overexposed, and how to properly and maintain personal boundaries on public platforms). Through case studies and hands on exercises, each participant discovered their own unique form of expression, established sustainable content strategy, and learned how to turn their ideas into visible, professional work.

## 網課及外展工作坊 成功YouTuber開設

HOME中心(YTM)舉辦了一場KOL（網絡意見領袖）工作坊，教授最適合不同類型YouTube頻道的長遠增長方法。課程分析了各種內容類別——如教育、生活風格、慈善/健康及社區導向——並探討觀眾群體、內容排程及頻道策略。課程亦涵蓋實用的拍攝與製作技巧，包括常見影片問題（Vlog、訪問、開箱）、教學短片，以及圖片故事講述。鏡頭運用技巧、構圖概念、剪接方法，以及從基礎到進階的各種剪輯手法（聚焦節奏、字幕與縮圖設計、音效、轉場等）均有探討。

此外，工作坊亦正面探討了來自少數族裔背景青少年的特質與需要。這些參加者往往擁有多元文化經驗，能將語言、家庭故事及日常文化差異轉化為能與觀眾產生深刻共鳴的內容。與此同時，我們也關注了網絡安全的重要性（例如過度曝光的風險，以及如何在公共平台上妥善維持個人界線）。透過個案研究及實作練習，每位參加者都發現了自己獨特的表達方式，建立了可持續的內容策略，並學會如何將自己的想法轉化為可見、專業的作品。

## EM Care Team

## Talk-to-anti-scam

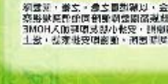
The EM Care Team organised a talk session at the Sham Shui Po (SSP) Support Service to promote scam-related awareness and safe awareness about the rising number of fraudulent schemes. Team members engaged closely with the community, providing valuable information on current scam trends, common tactics used by fraudsters and the critical importance of staying vigilant online and over the phone. Participants were also explained with immediate practical demonstrations on how to verify suspicious messages and protect their personal data, ensuring they possess and how to respond to the significance of immediately reporting, emphasizing the importance of utilizing local police hotlines and sharing experiences with family members. Residents appreciated the opportunity to ask questions and express their concerns, fostered a sense of community connection and mutual protection.

## 防騙宣傳

英皇宮家庭支援團隊於近期舉辦了一場防騙宣傳活動，旨在提高公眾對詐騙手法的認識及警覺性。團隊成員在現場向過往市民派發了宣傳單張，並就常見的詐騙手法，例如假冒執法人員或金融機構職員的電話騙案，提供了實用的防騙貼士。參與者亦獲得了關於如何識別可疑訊息、保護個人資料及向家人朋友分享防騙資訊的重要建議。

## Touching Stories from Ethnic Minority Care Team

On one early morning of April 20, a fire broke out in an older residential building in Yau Ma Tei, affecting a Nepali family, including a mother and her son who attends a local primary school. The Ethnic Minority Care Team visited the scene the following day to inspect the site and provide support to the victims. The team immediately addressed their urgent needs, including organizing essential financial assistance and the temporary housing in the district. Subsequently, the Care Team assisted the mother in securing for rental properties and accompanying them to view suitable options. Additionally, the Care Team arranged a new school uniform for the son and the Care Team accompanied the family to inspect the premises. Regarding the mother's concern about the financial burden of her son's private tutoring, the Care Team added on a special consideration basis to immediately enroll the child in the homework tutorial class at the HOME Centre, alleviating the mother's worries. The Care Team has maintained close contact with the family to follow up on their needs. Upon learning that they have been living in a new home, the team conducted a welfare visit to provide daily necessities and food, ensuring the family felt the warmth and care of the community.



## 幸福小人物資金援助

4月20日凌晨，油尖旺一名居住舊樓嘅家庭不幸遇火，當中一名屋企有小朋友就讀本地小學嘅單親媽媽及兒子受影響。少數族裔關懷團隊(EM Care Team)隔日即到場視察災情，並為受影響家庭提供即時支援。團隊首先解決佢哋嘅燃眉之急，包括安排經濟援助同埋臨時住屋。團隊隨後陪同媽媽睇樓，幫佢搵到一個合適嘅新單位。團隊仲為個仔安排咗新校服，並陪同佢哋完成入學登記。針對媽媽擔心補習費負擔，團隊特別安排仔仔加入HOME中心嘅功課輔導班，減輕媽媽嘅憂慮。團隊會繼續跟進個家庭，定期上門探訪，確保佢哋嘅需要得到持續支援。

## New Staff Introduction

One life to live, why not believe in yourself! Hi there! I'm Mimi, the new staff member. Sub-centre (SSP) like my home, shorter our way, but remember, persistence is our umbrella that helps us move forward. I would love to hear about your experiences, and let's empower each other! See you around, y'all!

人生只有一次，何不相信自己！大家好！我係Mimi，HOME中心(深水埗)的新同事。我喜歡我哋嘅社區，雖然路程較短，但學習之路同樣重要。堅持就像我哋嘅雨傘，幫助我哋向前行。期待與大家分享經驗，並互相鼓勵！大家下次見。